

Gary's "World of Wellness" & Holistic Health Center

WOW! So much more than a Health Food Store!

4 W. Mt. Kirk Ave. @ Ridge Pike, Eagleville, PA 19403 610-539-6727 Fax 610-539-1401

Visit us at: www.garyswow.com

Enhancing your life Physically, Spiritually and Emotionally

Spring/Summer 2006

*Pilates Matt- Stott

*Thursday 6:30-7:30PM

New Session: March 16-May 4, 2006

May 11- June 29, 2006

Laurie Higgins

*Tuesday 6:30 -7:30PM

New Session; May 9- June 27, 2006 (no class 7/4)

*YOGA for HEALTH & FITNESS

*Wednesday 7:15-8:30PM

New Sessions April 5- May 24, 2006

May 31 -July19, 2006

Connie Miller

*YOGA - All Level

*Monday 7:00-8:15PM

New Sessions: April 3-May 22, 2006

June 5- July 31, 2006 (no class 7/3)

Liz Wanner

* Saturday 10:00-11:15AM

New Sessions: March 25 - May 20, 2006

June 3- July 22, 2006

Connie Miller

*PRE-NATAL/GENTLE YOGA TBA

*MIDDLE EASTERN BELLY DANCE

*Thursday 7:30-8:30PM

New Session: April 13- June 8, 2006 (no class 5/11)

Cynthia Bauman

You are welcome to join a Yoga session at any time

!!! Register Now !!!

\$15.00 Non Refundable Deposit Required at Sign up

!!!Register Now!!!

Yoga; \$12.50 per class (8 week session) \$100.00 After session begins \$14.00 per class/per session sign-up

Walk-in fee \$15.00 yoga

Pilates 8 week session (Same as Yoga)

Belly Dance 8 week session \$80.00

Pre-Natal Yoga \$120.00 After Session begins \$16.00per class (walk in \$18.00)

Yoga class make-ups available by attending any yoga class during the same session

Class formation subject to minimum number of participants

*Sign- Up Early and Save

*Register In Advance

*Sign- Up Early and Save

REGISTRATION (Please Print Clearly)

NAME _____

ADDRESS _____

ZIP CODE _____

PHONE # () _____ - _____

E-Mail _____

CLASS _____ DAY _____ TIME _____ Returning student? Y ___/N ___

PAYMENT (Cash, Check or Chg.) \$ 15.00 (DEPOSIT) OR \$ _____ (PAYMENT IN FULL)

Credit Card Payment (Visa, MC, Discover) _____ Exp. ___/___/___ CVV# _____

\$15.00 Non- Refundable Deposit Required for Registration (or Payment In Full)

Register by phone, mail, fax, or in store

Massage Treatments

Massage Treatment

(1hour)..... \$60.00

Series of 5 Treatments (paid in advance)

Save \$25.00 Total \$275.00

We offer a selection of massage therapy including:

Relaxation, Aromatherapy, Deep Muscle Therapeutic, Reiki, Reflexology & Shiatsu.

* CALL FOR APPOINTMENTS

*GIFT CERTIFICATES AVAILABLE